









# COVID-19 (coronavirus) absence: A quick guide for Students

What to do if...	Action needed	Back to College...
 <p><b>...I have COVID- 19 (coronavirus) symptoms</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend College</li> <li>• Student should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform College immediately about test results</li> </ul>	<p><b>...when Student's test comes back negative and Student is well enough.</b></p> <p>Email results to: <a href="mailto:covid@halesowen.ac.uk">covid@halesowen.ac.uk</a></p>
 <p><b>...I have tested positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend school</li> <li>• Student self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>• Inform College immediately about test results</li> <li>• Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 10 days</i></li> </ul>	<p><b>...when Student feels better, and has been without a fever for at least 48 hours</b></p> <p>They can return to College after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p> <p>Email results to: <a href="mailto:covid@halesowen.ac.uk">covid@halesowen.ac.uk</a></p>
 <p><b>...somebody in my household has COVID-19 (coronavirus) symptoms</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend College</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform College immediately about test results</li> </ul>	<p><b>...when household member test is negative, and Student does not have COVID-19 symptoms</b></p> <p>Email results to: <a href="mailto:covid@halesowen.ac.uk">covid@halesowen.ac.uk</a></p>
 <p><b>...somebody in my household has tested positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend school</li> <li>• Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 10 days</i></li> </ul>	<p><b>...when Student has completed 10 days of self-isolation, even if they test negative during the 10 days</b></p> <p>Email results to: <a href="mailto:covid@halesowen.ac.uk">covid@halesowen.ac.uk</a></p>

What to do if...	Action needed	Back to College...
 <p><b>...NHS Test and Trace has identified me as a 'close contact' of somebody with confirmed COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend College</li> <li>• Student self-isolates for 10 days (as advised by NHS Test and Trace) – even if they test negative during those 10 days</li> <li>• Rest of household does not need to self-isolate, unless they are a 'close contact' too</li> </ul>	<p><b>...when the Student has completed 10 days of self-isolation, even if they test negative during those 10 days</b></p>
 <p><b>...I have travelled and have to self-isolate as part of a period of quarantine</b></p>	<ul style="list-style-type: none"> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel</li> <li>• Provide information to College as per attendance policy</li> </ul> <p><b>Returning from a destination where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>• Student shouldn't attend College</li> <li>• Whole household self-isolates for 10 days – even if they test negative during those 10 days</li> </ul>	<p><b>...when the quarantine period of 10 days has been completed for the Student, even if they test negative during those 10 days</b></p>
 <p><b>...I have received advice from a medical / official source that I must resume shielding</b></p>	<ul style="list-style-type: none"> <li>• Student shouldn't attend school</li> <li>• Contact College as advised and speak to Personal Coach / Student Support Manager</li> <li>• Student should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<p><b>...when College / other agencies inform you that restrictions have been lifted and the student can return to College again</b></p>
 <p><b>....I am not sure who should get a test for COVID -19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Only people with symptoms need to get a test</li> <li>• People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	<p><b>...when conditions above, as matching your situation, are met</b></p>

Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>