









COVID-19 (coronavirus) absence: A quick guide for Staff / Students

What to do if...	Action needed	Back to College...
 <p>...I have COVID-19 (coronavirus) symptoms</p>	<ul style="list-style-type: none"> You shouldn't attend College You should get a PCR test Anyone in household aged over 18 years and 6 months and not fully vaccinated self-isolates while waiting for result Report absence online ASAP Inform College about test results ASAP 	<p>...if your PCR test comes back negative and you are well enough</p> <p>Email results to: covid@halesowen.ac.uk</p>
 <p>...I have tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> You shouldn't attend college Self-isolate for 10 days from when symptoms started (or from day of test if no symptoms). However: This can be reduced to 5 days if you are fully vaccinated and have a negative lateral flow test on the morning of days 5 & 6 Report absence online ASAP Anyone in household aged over 18 years and 6 months and not fully vaccinated self-isolates for 10 days 	<p>...when you feel better, and have completed your isolation period</p> <p>You can return to College after isolation even if you have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p> <p>Email results to: covid@halesowen.ac.uk</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms</p>	<ul style="list-style-type: none"> Continue to attend & lateral flow test for 7 days, unless: If you are aged over 18 years and 6 months and not fully vaccinated then you should self-isolate while waiting for the result Household member with symptoms should get a test 	<p>...immediately with 7 day testing or ...when household member test is negative</p>
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> Continue to attend, and lateral flow test for 7 days, unless: If you are aged over 18 years and 6 months and not fully vaccinated then you should self-isolate for 10 days 	<p>...immediately with 7 day testing or ...when you have completed 10 days of self-isolation</p>

What to do if...	Action needed	Back to College...
 <p>...NHS Test and Trace has identified me as a 'close contact' of somebody with confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> You will need to isolate for 10 days unless you have an exemption: <ul style="list-style-type: none"> You are fully vaccinated You are aged below 18 years and 6 months You are not able to vaccinate due to medical reasons 	<p>...when you have completed 10 days of self-isolation or ...if an exemption applies, no isolation but lateral flow testing for 7 days</p>
 <p>...I have travelled and have to self-isolate as part of a government period of quarantine</p>	<ul style="list-style-type: none"> Do not take unauthorised leave in term time Consider quarantine requirements and FCO advice when booking travel Provide information to College as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> Do not attend College Whole household self-isolates for the period required by government guidance in force at the time 	<p>...when the quarantine period in force at the time has been completed</p>
 <p>...I have received advice from a medical / official source that I must resume shielding</p>	<ul style="list-style-type: none"> Do not attend college Contact College asap Learners speak to speak to Student Support Manager Staff speak to Rachael Charles 	<p>...when College / other agencies inform you that restrictions have been lifted and you can return to College again</p>
 <p>....I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> All staff and students should be lateral flow testing twice a week You may need to get a PCR test if the situations in the current guidance apply. 	<p>...when conditions above, as matching your situation, are met</p>

Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>